COPD Foundation Pocket Consultant Guide App

QUICK TIPS

Getting Started: For Health Care Providers

1. Download the **FREE COPD Pocket Consultant Guide (PCG)** app in the *App Store* or *Google Play*.

2. Select the Professional View by tapping on "Change View" in upper right corner

3. Start exploring the special features by tapping on the colored boxes*:

Definitions Assess Treatable Traits Spirometry	Definitions/Assess Treatable Traits/Spirometry: Learn more about how COPD is defined, the traits associated with the condition, and how spirometry can help in the diagnosis and treatment of COPD.
Therapy Flow Charts Vaccinations	Therapy Flow Charts and Vaccinations Information: Follow the flowchart algorithm to help guide your patient's COPD treatment.
Inhaler and Nebulizer Education	Inhaler and Nebulizer Education Videos
Medications	Medication Information Including Typical Dosing and Generic and Trade Names
CAT mMRC	COPD Assessment Test (CAT) and mMRC Dyspnea Scale
CAPTURE	CAPTURE: A screening tool to identify patients at risk for COPD
COPD Foundation Journal	COPD Foundation Journal Articles
More	And Much More! The "More" menu includes: • Screeners and tools such as the Hospitalized Exacerbation Scorer, Anxiety Scale, Depression Screener, and Pulmonary Referral Checklist • Exacerbation information • Impact of Smoking graph based on the Fletcher-Peto curve • Links to the NIH, COPD Foundation, and patient resources • A link to the COPD Foundation's PRAXIS Nexus blog and Resource Repository

*To return to the main menu at any time, tap on the "Home" button in the upper left corner.

For more information on how to use the PCG app, visit: *www.copdf.co/pocket*

COPD FOUNDATION®

Take Action Today. Breathe Better Tomorrow.

COPD Foundation
Pocket Consultant Guide App

Getting Started: For Patients and Caregivers

1. Download the **FREE COPD Pocket Consultant Guide (PCG)** app in the *AppStore* or *Google Play*.
2. Select the Patient View by tapping on "Change View" in upper right corner.
3. Tap on the colored boxes to access different tools*:

Daily Log	Daily Log: Complete your My COPD Action Plan and tracking calendar to monitor your symptoms.
Wallet Card	Wallet Card: Track important information, including medications and immunizations.
Exercise Videos	Exercise Videos: View videos that feature exercises you can do at home.
COPD Digest	COPD Digest: Read blog posts from experts on COPD management and connect with others in the comments section.
Goal Setting / For My Next Visit	Goal Setting/For My Next Visit: Track your ability to do daily activities, set goals for your COPD management, and find questions to ask your health care provider.
Inhaler and Nebulizer Videos	Inhaler and Nebulizer Videos: Learn how to use and care for your devices.
COPD360social	COPD360social: Join our online community and connect with others like you who are living with COPD.
More	And Much More! The "More" menu includes: • The COPD Assessment Test (CAT) which checks your symptoms • Information on joining the Patient Powered Research Network, a group interested in COPD research and clinical trials. • Helpful information on living with COPD from the National Institutes of Health (NIH) • Resources such as booklets and flyers on COPD management • Vaccination information

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