COVID-19 DEFENSES:

What you need to know

Testing positive for COVID-19 can be scary and overwhelming. Fortunately, there are several treatment options to help you get through your illness! Currently approved treatments are shown below.

People with COPD or other lung conditions are at high risk for severe COVID-19 symptoms. That risk can be lowered by starting treatment quickly. The treatment you receive will depend on what is available in your area and what is best for your situation. ALWAYS speak with your health care professional before starting ANY treatment!

TREATMENT FOR COVID-19 MAY HELP:
- Prevent symptoms from getting worse.
- Avoid having to stay in the hospital.
- Lower the chance of needing a ventilator to help you breathe.

GET VACCINATED!

The best defense is a good offense! Available COVID-19 vaccines are safe, effective, and remain the best option for most people to fight COVID-19.

ANTIVIRAL PILLS

These prevent the virus that causes COVID-19 from making copies of itself inside your body. They can be taken at home, but should be started within 5 days of your first symptoms.

REMDESIVIR

This medication also stops the virus from making copies of itself but is usually given inside the hospital with an IV infusion. It may also be given at an infusion center.

CONVALESCENT PLASMA

This is another treatment that is given in the hospital. It is made of blood plasma taken from people who have recovered from COVID-19, and contains natural antibodies to stop the virus in its tracks.
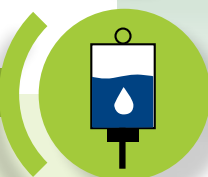
BE CAREFUL!

Be aware that people have been seriously hurt and have even died after taking medicines not approved for COVID-19, even if they're approved for other illnesses. This includes things like ivermectin and hydroxychloroquine.

EVERYONE diagnosed with COVID-19 should follow some basic recommendations:
- Isolate from other people for 5 days to prevent spreading the virus to others (including family).
- Monitor your symptoms closely.
- Stay hydrated and get plenty of rest.
- If you go out for medical care, be sure to call ahead and tell your provider you may have COVID-19.

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